

**MOUNT DESERT ISLAND REGIONAL HIGH SCHOOL
SCHOOL PHYSICAL AND HEALTH SCREENING POLICY**

1. Hearing screening will be done on all students in K, 1, 2, 3, 5, and on any students referred to the nurse for possible hearing problem. All new students from outside the district will be screened for hearing.
2. Vision screening will be done on students in K, 1, 3, 5, 7, 9 & 11, and on any students referred for possible vision problems. All new students from outside the district will be screened for vision.
3. Routine scoliosis screening will be done on all female students in grades 6 & 8, and on all male students in grade 8. Students will be checked during 9th grade physicals as well.
4. Height and weight measurements will be done yearly on students K-9, and at the time of 11th grade vision/hearing screenings. Weight monitoring may be done at the request of a physician or student.
5. Complete health screenings will be given to all students in grades 3, 6, 9, and 11. (Parents may opt to have this done by their family health care provider.)

All students entering kindergarten or entering any grade from outside the district will be required to produce proof of a current (within 6 mos.) physical at the time of registration.

School physicals may be performed by a physician, physician's assistant or nurse practitioner.

Students entering 9th grade, or new students from outside the district who play fall sports must have their physicals completed before the beginning of pre-season practice.

Sports permission forms for all grade levels will include a yearly health history update. Any student who has had a major illness or an injury requiring medical treatment, within the past 12 months, will be screened by the school physician (P.A./ N.P.), or the family health care provider before participating in the next sports season.

Urine screens and blood work will be at the discretion of the individual school physician (P.A./N.P.).

Adopted: 07/26/93

Revised: 09/08/03